



BALLYMASCANLON
HOTEL & GOLF RESORT

Plant Based Menu

to start

HEIRLOOM TOMATO CROSTINI

tomato ragout, mozzarella, toasted sourdough, basil oil, micro greens
contains wheat, milk, soya, sulphites

BBQ PEAR AND BEETROOT

hazel nuts, apple and beetroot puree, feta cheese (optional)
contains milk, soya, mustard, sulphites

VEGETABLE SAMOSAS

puy lentil dahl, mint yogurt
contains wheat, milk, celery, sulphites, soya

mains

GREEN SALAD

broccoli, broad beans, garden peas, avocado baby rocket marinated tomatoes
on roasted pepper humas topped with roasted chickpeas and lemon dressing warm flat bread
contains soya, sulphites, wheat

HARISSA AUBERGINE WEDGES

tahini & mint yogurt, pomegranate, toasted pumpkin seeds
contains milk, soya, sesame

PASTA RIGATONI

basil almond pesto, broad beans peas and broccoli, tomato parmesan cheese
contains wheat, egg, milk, almonds, soya, sulphites

ask about our dessert options

